

SCPT

MOMENTUM



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President's Message

The healthcare landscape is changing, and I believe it is changing faster than we may realize. I've always been intrigued about the work the SCPT does, and the importance of self-regulation. With a mandate of protecting the public, the College must also educate its members to adapt to an ever-changing environment. In the sport world, the phrase, "an ounce of prevention is worth a tonne of cure" is used a lot, and I can see the application for self-regulation and public protection.

In our constant state of flux, the College has an important announcement for another big change. Lynn Kuffner, our Executive Director & Registrar, will formally retire at the end of June. Lynn stepped up and took the position at a time of transformation in SCPT office 4 years ago. She implemented, and has nearly completed, an entire Strategic Plan cycle. She has been instrumental in many of the initiatives that the College has underway, and with everything in place for the next EDR, she will be retiring at a slower time of year, with the opportunity to enjoy some of the summer

sunshine! Her integrity, professionalism, and dedication to the SCPT will definitely be missed. She has been an advocate and volunteer for the SCPT throughout her entire career, and we are thankful for the opportunity to work with her, learn from her, and celebrate her many accomplishments. A most sincere thank-you, Lynn, for all of your leadership and hard work. On behalf of the Council, the executive, office staff, committees and membership, we are wishing you the absolute best moving forward! You've had a career to be proud of.

As far as Council goes, we have had a few changes as well. Amanda Crow has joined us on Council, and we look forward to her contributions. Kent Earle has left Council in order to chair the Discipline Committee and he still has a large role in putting together this Momentum newsletter. Heather Burrige remains on Council, and is also chairing the Registration Committee this term. Brandy Green has stepped into the Interim EDR role, as our hiring committee looks to find a new

permanent EDR. Brandy will be able to spend time on projects that have been important to her, yet too time consuming to complete previously, in her volunteer capacity. Thankfully, she will guide the organization with her expertise and provide exceptional knowledge translation to both Council and the new EDR. We have also added several new committee members. Thank-you to everyone for volunteering, I hope you enjoy the experience.

Personally, I would like to express appreciation to Brandy for the mentorship over the last year, for the clear path she and the Council have set the organization on, and for taking on the Interim EDR position. I would also like to thank Tasha Descottes for the work that was done with nominations for Council and committees. She and her committee have assembled such a strong group of leaders, willing to share this experience collectively.

To be perfectly honest, stepping into the role of president with very little experience is

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rather unconventional, but the decision felt right. I want to assure you that a substantial amount of thought and discussion went into this choice. I am grateful for this opportunity, and I truly hope this timing is complimentary with the state of change that the College is in, adapting from an operational board model toward a governance board model. While the concept itself is easy to understand, the implementation will be difficult as we venture into a little bit of unknown territory. I am relieved and appreciative that Cathy Cuddington and Tasha Descottes have remained on the Council Executive, as we will have good continuity and insightful input moving forward.

I step into this role with a fresh set of eyes, and a health-care business background. I believe that having less reference as to how things have been done may actually be beneficial at a time where we are changing how we choose to do things. Having had a year to observe first-hand the exceptional amount of high-quality work produced by the Council, committees and office, with such attention to detail and dedication, is both inspiring and humbling. The College is in an excellent position to move forward into a new chapter.

The direction our new strategic plan appears to be taking is really exciting. I am truly

looking forward to the challenges and changes ahead, especially knowing that I am surrounded by such competent and thought-provoking people.



Respectfully submitted by
Daysha Shuya
SCPT President

Please be advised there are new Discipline Case Summaries that have been posted to the SCPT website:

<https://www.scpt.org/site/discipline?nav=sidebar>

SCPT COMMITTEES MEMBER LISTING 2019-2020

COUNCIL LISTING: Daysha Shuya; Cathy Cuddington; Tasha Descottes; Dale Pitura; Amanda Crow; Karla Horvey; Lauren McLellan; Brandy Green; Heather Burrigge; Jacquie Hunchak (Public Representative); Judy Grant (Public Representative); Erin Placatka (Public Representative); Jeremy Campbell (Student Representative); Quinn Tulloch (Student Representative)

Executive Committee: Daysha Shuya (President); Cathy Cuddington (Treasurer); Tasha Descottes (Secretary)

Professional Conduct Committee: Pat Beharry (chair); Lee Hall; Leah White; Alana Morrisette; Betsy Mawdsley

Discipline Committee: Kent Earle (chair); Jacquie Hunchak (Public Representative); Richard Bourassa; Gordon Pullar; Elyse Greenberg; Scott Anderson

Legislation Committee: Elizabeth Rackow (chair); Beverly Wilson; Cathy Cuddington; Nichole Miller; Megan Armbruster-Stephan; Jacquie Hunchak (Public Representative); Daysha Shuya

Professional Standards of Practice Committee: Brandy Green (chair); Dale Pitura; Melanie Deneiko; Natalie Horeida; Judy Grant (Public Representative); Steven Mach

Registration Committee: Heather Burrigge (chair); Amanda Crow; Cathy Cuddington; Brandy Green

Communications Committee: Tasha Descottes (chair); Kent Earle; Lauren McLellan; Bryna Andrew; Heather Burrigge

Continuing Competency Committee: Karla Horvey (chair); Daysha Shuya; Barbara Anderson; Stacey Lovo Grona (Continuing Education in Rehabilitation Science Representative)

Finance Committee: Cathy Cuddington (chair); Heather Burrigge; Brandy Green; Beverly Wilson; Erin Placatka (Public Representative)



SCPT Retirement Notice of Lynn Kuffner

I have been working nearly 50 years and it is time that I retire!
I was in the third graduating class of the School of Physiotherapy and received a Diploma in Physiotherapy in 1969. In 1980 I received my Bachelor of Physical Therapy and in 1984 my Masters in Business Administration.

My professional career started at the Grey Nuns Hospital (now Pasqua Hospital) in Regina. I then worked at the Wascana Rehabilitation Centre in pediatrics, spinal cord injuries, orthopedics, and geriatrics. Next, I worked at the Foothills Hospital in Calgary working in outpatient orthopedics, burns and hand injuries. On my return to Saskatoon I worked at the Royal University Hospital working with amputees, burns, acute neurology, acute cardio-respiratory, COPD and then geriatrics where I helped to set up the original Geriatric Assessment Unit. I then worked at Saskatoon City Hospital as Director of Therapies for 14 years and had the wonderful opportunity to be on the design team for the new hospital. Next, I worked at the Workers' Compensation Board as co-chair of the committee that developed the WCB Primary, Secondary, and Tertiary Rehabilitation Programs and was then appointed as Director of

Medical Services to oversee the implementation of the WCB Rehabilitation Program. Back to Saskatoon, I worked for a short time at the Saskatchewan Abilities Council as Director of Provincial Services and then worked for 11 years as Manager of Student Health Services at the U of S. Since 2015 I have been working at the Saskatchewan College of Physical Therapists as Executive Director and Registrar. Since my return to Saskatoon until 2015, I worked as a casual physical therapist working weekends at St. Paul's Hospital.

As you can see, I have had a very varied professional career. One of the greatest things about being a physical therapist is that you have a broad scope of skills and knowledge that is applicable to many different roles. I have had a wonderful professional career and have enjoyed all of the various roles that I have had.

I especially appreciate all the wonderful people that I have had the pleasure to work with all of these years. It has been wonderful to be part of the physical therapy community and I will treasure all the memories that I have.

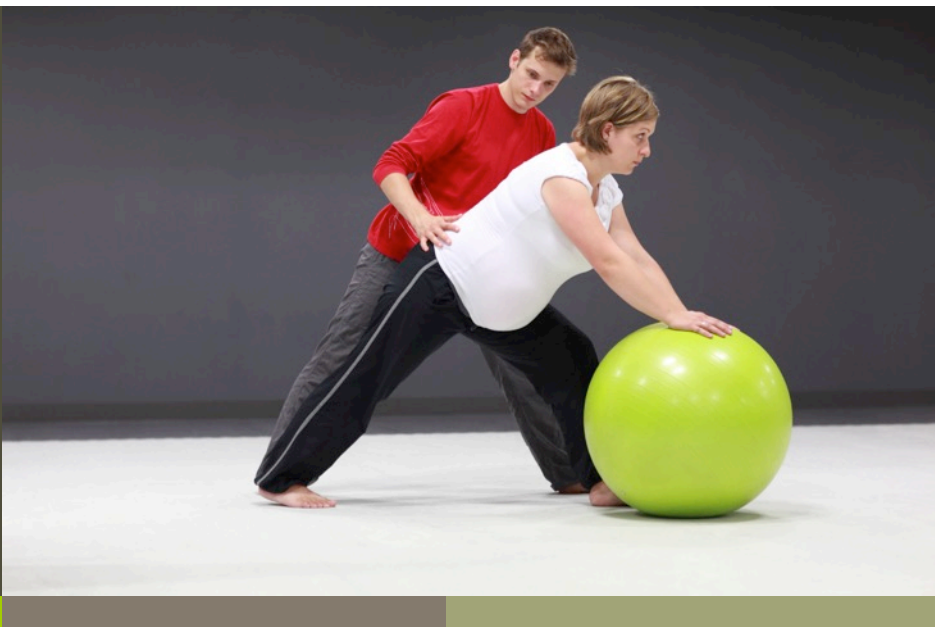
Lynn Kuffner

Correction to the June 18th E-blast

Please accept my apologies for referring to the University of Saskatchewan School of Rehabilitation Sciences as the School of Rehabilitation Medicine, and for using the acronym for CPTE, which changed its name on June 3, 2019 to Continuing Education in Rehabilitation Science.

Daysha Shuya, President SCPT

Practice Licence Declaration Audits



As previously reported, SCPT audits of Professional Liability Insurance, Criminal Record Checks and Practice Hours will be starting in July 2019 according to the following processes:

Professional Liability Insurance:

1. At licence renewal members are asked to upload proof of their professional liability insurance to their SCPT portfolio before being able to move forward with their renewal. Following licence renewal each year the EDR will randomly select 10% of members to audit for proof of professional liability insurance.
2. EDR will send an email to selected members to notify them that they have been selected for audit of their professional liability insurance.
3. EDR will review selected members' portfolio to determine if the member has \$5M professional liability insurance in compliance with Clause 12 (a) of the Regulatory Bylaws.
 - If the declaration is found to be true (i.e. member has \$5M professional liability insurance) the EDR will notify the member of the results of the audit.
 - If member is not in compliance (i.e. member does not have \$5M professional liability insurance) their practice licence will be suspended. EDR will refer member to the Professional Conduct Committee as a false declaration has been made on their registration/renewal.

Criminal Record Check:

1. Following licence renewal each year the EDR will randomly select 2% of members to have a criminal record check performed.
2. EDR will send an email to selected members to notify them that they are required to have a criminal record check completed and submitted to SCPT within 90 days.
3. EDR will ensure all required responses have been received. If

a member fails to have a criminal record check submitted, the EDR will suspend practice licence until the CRC is submitted. Extension may be granted if the member is unable to meet the 90 day requirement by contacting the EDR. EDR may refer member to the Professional Conduct Committee if they fail to meet the CRC submission requirement.

2. EDR will review responses to ensure compliance with clause 12 (b) of the SCPT Regulatory Bylaws. If a declaration is found to be false (i.e. there is a criminal record and the member declared that they did not have a criminal record) the EDR will refer a complaint to the Professional Conduct Committee for investigation as a false statement has been made.

3. Members who submit a satisfactory CRC are to submit their receipt of payment to SCPT for reimbursement.

- Satisfactory: A 'satisfactory' criminal record check is one that does not disclose a conviction that would lead to discipline proceedings. Only convictions based on conduct that would fall within the definition of 'professional misconduct' as set out in Section 23 of The Physical Therapists Act, 1998 (The Act) will lead to refusal of licensure.

Practice Hours:

1. At licence renewal each year members will complete the *Verification of Paid Worked Hours* form, and if applicable the *Verification of Unpaid Education Hours* and *Verification of Unpaid Worked Hours* forms and, if selected for audit, upload the forms to their SCPT portfolio or submit forms to the EDR.
2. Following licence renewal each year the EDR will randomly select 10% of members to audit verified practice hours for the past 5 years.
3. The EDR will send an email to selected members to notify them that their practice hours for the past five years are being audited and request that they upload the required

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forms/verification to their profiles or submit same to the EDR via email/fax.

4. The EDR will then review those member's profiles for verified practice hours documentation to ensure compliance with clause 13(1) of the SCPT Regulatory Bylaws.

- If the declaration is found to be true (1200 hours in the past five years are verified) then the EDR will notify the member.
- If a declaration is found to be false (1200 hours in the past five years not verified and the member declared that they have 1200 verified practice hours) the EDR will refer a complaint to the Professional Conduct Committee for investigation as a false statement has been made.

No member will be selected for the same audit within a 5-year period, however they may be randomly selected for different audits within that time period. All materials required for the audits can be found on the SCPT website under the PT Resources tab, these include:

- The Proof of Professional Liability form for members who are covered by their employer's insurance
- Practice Hours Guidelines and Audit submission forms
- Criminal record Check Policy and Procedure

Please note, that although the SCPT Council has voted to change the legislation to require all members to have individual Professional Liability Insurance, this will require bylaw changes and thus is not in effect at this time. Proof of employer professional liability coverage is still sufficient for those members who have it.



Amanda Crow, Member-At-Large

Amanda graduated with her Masters of Physical Therapy from the University of Saskatchewan in 2009. Prior to that, in 2007, she received her Bachelor's Degree in Psychology, also from the University of Saskatchewan. Upon receiving her license Amanda worked for one year as a Physical Therapist in the Saskatoon Health Region at Parkridge Centre. In November of 2010 her husband's engineering job led them to move to Regina. Amanda began working at Synergy Physio (recently purchased by CBI and now known as CBI Health Centre – Scarth) as a Physical Therapist that November and has been there since. In September of 2018 she became Operations Lead for the clinic, although she does continue to provide direct patient care as well. Amanda has completed several post-graduate courses including her acupuncture through CAFCI. She enjoys working with a wide variety of patients and motivating individuals to become an active participant in their recovery process. Amanda lives in Regina with her husband, their two kids (ages 6 and 4) and their dog, Duke. Outside of work, she loves crafting, scrapbooking and card making in particular, reading, keeping active, camping and spending time with her family.

CLINICAL PRACTICE GUIDELINE #17

As all of our Members are aware, the SCPT has a number of practice guidelines related to a variety of areas of physical therapy practice. These guidelines assist the membership in making informed practice decisions with the best interest of the public (our clients) in mind. One of these practice guidelines is Practice Guideline # 17 - Use of Instruments and Devices. This guideline can be accessed HERE: https://www.scpt.org/document/3564/Practice_Guideline_17_Use%20of%20Instruments.pdf

The guideline was developed in order to further clarify and complement regulatory bylaw 26 which states that: 26 “No member shall use any instrument or device in the provision of physical therapy services unless: a) the instrument or device is appropriately maintained and calibrated; b) the member has successfully completed any necessary training to become familiar with the use of the instrument or device and its clinical application;” Recently, the Professional Standards of Practice was asked to review this guideline to ensure it provides for appropriate regulation of the use of devices by physical therapists in Saskatchewan. Following this review, the guideline was updated and revised slightly to better outline the responsibilities of each PT member who utilizes an instrument and/or device in their clinical practice. As stated in the guideline, it is the responsibility of each physical therapist to appropriately investigate and inform themselves regarding the use, efficacy and safety of any instrument or device they use in Physical Therapy practice. In addition to this, members must be aware of any additional health and safety regulations and/or Act that may impact the use of a specific instrument or device. An example of this is the Radiation Health and Safety Act, which among other things, requires the registration of ultrasound and laser units. Your place of employment may also have specific requirements related to instruments or devices and it is always best to familiarize yourself with these requirements should they exist. The SCPT wishes to remind our members that, in the interests of protection of the public, it is required that you have sufficient training and orientation to allow for safe, competent, and effective use of any instrument or device. The training and orientation required will vary depending on the device utilized and each Members’ specific background, competencies, and education. It would be beneficial for you to keep a record of any training (formal or informal) or orientation obtained in order to provide proof of this should it ever be requested by a member of the public or the regulatory body. As for any other physical therapy intervention, you should also ensure that you thoroughly educate your client regarding the device being used and any associated risks or contraindications that may exist. If you have any questions or concerns related to this, or any other, practice guideline/regulatory bylaw, please feel free to contact us at edr@scpt.org

CONTINUING COMPETENCY PORTFOLIO UPDATES

For the past year, the Continuing Competency Committee (CCC) of the SCPT has been working towards the creation of a Continuing Competency Program (CCP). We are awaiting the approval of the Provincial Government of Saskatchewan of an omnibus bill put forward by a number of professional colleges. This will allow us to monitor the membership’s continuing competency activity without the risk of the monitoring being used as proof of incompetence in the case of a civil or criminal lawsuit.

While we are waiting for this bill to be passed, there are some items that can start to be implemented without increasing the risk to our members. One of these things is the introduction of the option to upload a curriculum vitae (CV) to your profile on the SCPT website. This will be an optional activity for the 2020 renewal period but will become mandatory in the future. There will be an example CV posted to the SCPT website as well as a template that all members are free to use to start their own CV if they don’t already have one on file. The intention of having a CV on file is for all of our members to have a place to keep track of their educational and professional activities. At this time, we are not using this information to keep track of educational hours, as there is no minimum requirement for education hours for licensure.

Along with the optional upload of a CV, there will be two other tasks that are a mandatory part of your 2020 renewal. This includes a review of the Code of Ethics and the Standards of Practice along with an affidavit statement that you have read and understood these documents prior to being able to submit your renewal.

We don’t know for sure what the final CCP will look like but rest assured, we are committed to ensuring that our members are able to maintain their competencies.

Respectfully submitted,

Karla Horvey
CCC Chair

Saskatchewan College of Physical Therapists

105A – 701 Cynthia Street, Saskatoon SK, S7L6B7

p. 1.306.931.6661

Brandy Green, Interim Executive Director & Registrar, edr@scpt.org

Tammy MacSymetz, Operations Manager, operationsmanager@scpt.org

Tara Friedenberger, Administrative Assistant, admin@scpt.org