

# SCPT MOMENTUM



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## Recruitment to the SCPT

From my perspective, the first experience with the College was awful. I was 22 and dancing on the line between confident and cocky, trying to get my paperwork in for my license before leaving to volunteer overseas- even though I had not yet convocated. I remember hanging up the phone angry and frustrated after a conversation with an administrative employee at the SCPT office. Looking back, I was more wrong than right. And I was definitely immaturely ignorant to the true understanding of what a privilege it is to hold a license from a self-regulating body.

Nonetheless, I subconsciously held onto the belief that I didn't 'like' the College, and regrettably, didn't learn as much about it or participate as I probably should have.

Fast-forward a decade full of a ridiculous

amount of social education, self-reflection and personal growth, and I decided to revisit that long-held perception. On a license renewal application, I checked the box for a committee, but when called, I didn't follow through. A few years later, I realized that we can't be a self-governing body if we each refuse to dedicate part of our selves, so this time, I checked the box, followed through and became a volunteer.

Wow. Were my eyes opened! I was welcomed, mentored and encouraged by a group of dedicated peers to dive into a world that was completely new to me. Instead of being a cheerleader for physiotherapists, I was taught to begin to look at our profession through the eyes of our clients, patients, government and members of the public. It was

fascinating. It is challenging. It is stimulating and inspiring.

I believe we each have a professional responsibility to step up during our careers and be a part of the body that defines us.

If you feel this may be the time in your career to become part of the SCPT, please email [edr@scpt.org](mailto:edr@scpt.org).

We welcome you to the table.



Respectively submitted by Daysha Shuya

## September 2020 AGM Information

All information regarding the AGM will be available on the website at [www.scpt.org](http://www.scpt.org). The AGM Agenda and Meeting Package will be available to members and the public 2 weeks prior to the AGM, which will be held on September 26, 2020.



## President's Report

There have been a lot of words that have come into the spotlight in 2020. I won't focus on 'unprecedented', 'uncharted', or 'uncertain' times. Instead, I will focus on our silver lining. Our new reality is not one of isolation or restriction, but of teamwork and expansion. Over the last several months, our physical therapy members have stepped up and re-enforced my pride in our profession. We have adjusted quickly and accomplished adaptations we had likely never anticipated. Many of our public practice physios have been reallocated, taught different skills, and are fulfilling important roles outside of the job descriptions they had become accustomed to. Private practice physios experienced clinics closing, layoffs, unemployment, and the unanticipated challenges of staged reopening. Some physios learned to administer testing for COVID-19, others learned to offer physio skills virtually. We each may have had a unique experience, but from a common perspective, our daily personal and physio lives have changed, perhaps indefinitely.

At the SCPT, we quickly added temporary Pandemic Advisors to expedite information dissemination and answer member questions as quickly and accurately as possible, updating information as soon as it became available. We had our lawyer define 'emergent care'. We provided that definition to the Ministry of Health, as well as to all of the regulated health care professions in the province, as a base to work from and minimize disruption. We were one of the first professions to provide detailed guidelines for re-opening of private clinics in accordance to the Re-Open Saskatchewan plan, and other provinces referred to those guidelines. We hosted our first virtual AGM. We are working with physio students and SCPT members holding restricted licenses to navigate through this, together. We will be hosting student placements for the MPT program at the University of Saskatchewan. We welcomed Brandy Green back into the role of Interim EDR. She, the executive committee, the SCPT Council and our committees will continue to do our absolute best to guide our members through the next few months of this pandemic, as a team.

I am cognizant that I have overused the word 'we'. While a lot of people talk about team environments and working as a team, it has become crystal clear over the last few months that we truly are a team. None of the above changes came without nearly insurmountable amounts of background time-sensitive work. From my perspective, this was one of the most intense career experiences I have been a part of, and it absolutely would not have been possible without coming together and working for a common goal. Our profession.

Thank-you to each person that stepped up, moved out of comfort zones, and adapted to the unknown.

Respectfully submitted, Daysha Shuya SCPT President



## Annual General Meeting September 2020

As previously communicated, SCPT must hold two AGM's in 2020 due to the change made to our fiscal year end, which created 2 fiscal year ends in 2020. The second SCPT AGM will be held **September 26, 2020 at 9 am via WebEx Events** in partnership with Continuing Education in Rehabilitation Sciences, similar to the one held in June 2020. An email invite will be sent to all SCPT members by September 1, 2020 with the requirement of responding to pre-register for the event by September 18, 2020.

In your pre-registration response, you will be required to submit your SCPT License number for verification and to allow for a participant list to be pre-generated. The email invite will also include an option to do a trial run with the program, we encourage all members planning to attend to do this to ensure that they are comfortable with the software prior to the AGM session.

On September 26, all members are asked to login at a minimum of 10 minutes prior to the start time of the meeting. You will be placed into a virtual waiting room, where you will be able to view instructional slides to help guide you with WebEx Events program functions during the meeting.

Once in the meeting, all members will be muted and only the panelists will have the ability to unmute individuals. All members will have access to a raise hand and/or use the chat function that will send a message only to the panelists (SCPT Presenters), who will then repeat the question for all members in attendance and then respond to it as appropriate.

Voting during the meeting will be done via polls within the WebEx Events platform. If multiple members are attending together from one location, a scrutineer will be appointed for

that location and will be asked to submit a summary vote via the chat function for that location.

In order to provide an opportunity for general membership input into SCPT processes, Council will continue the process for Membership Motions from the Floor for this AGM. Pre-submission is required, in order to allow time for Council to consider any motions brought forward and ask for further information and feedback as required. It also allows for the pre-circulation of the motion and other information along with the other AGM materials to all SCPT members. As per SCPT policy, motions from the Floor will be accepted from current SCPT members up to 30 days prior to the AGM. Please refer to the Motions from the Floor Document, as well as the IFD for Submission document that must be completed for all submissions.

SCPT is looking to fill 2 Council positions this year. Nominations must be made using the Nominations Form (see Appendix) and received in the office no later than August 26, 2020.

SCPT is also looking for volunteers for the following committees: Professional Conduct Committee; Communications; Professional Standards of Practice; and Finance. Please see the Governance Manual for Terms of Reference of all committees. All members wishing to participate in SCPT committees will need to submit a letter/email indicating which committee(s) they are interested in and a resume to [edr@scpt.org](mailto:edr@scpt.org) prior to August 26, 2020. If you are interested in volunteering for an SCPT committee and would like further information, please contact Brandy Green at [edr@scpt.org](mailto:edr@scpt.org)

All SCPT AGM information and materials will be posted on the SCPT website under the Events tab, as they are available.

## Continuing Competency Program Update

### Background:

The SCPT has previously trialed a continuing competency profile approximately 10 years ago. This continuing competency profile involved goal setting alongside a recording of education activities. SCPT legal counsel brought it to the attention of council that our legislation did not protect the members during litigation. More specifically, if the profile involved members acknowledging their weaknesses in the form of goal setting, it could be used in court against that member should legal action be brought against them.

### Current Issues:

1. The SCPT is mandated to protect the public. The Saskatchewan Government needs to be able to see that we are doing our best to monitor and encourage member competency in order for us to maintain our ability to self-regulate. In order to maintain this ability as well as protect the public, we need to ensure that our members are competent to practice.
2. We are waiting for the government to open up the Physical Therapy Act in order to change our legislation so that we can protect our members from having their competency profile used against them in the event of a lawsuit. We don't know if or when this will happen. While we are waiting, we still need to do our best to ensure competency. In order to avoid the potential use of our competency profile against our members, we are focusing on the positive.

### The Plan:

The new continuing competency program (CCP) will be based on the NPAG Competency Profile for Physiotherapists in Canada (2017), which includes seven core competencies. These competencies include physiotherapy expertise, communication, collaboration, management, leadership, scholarship, and professionalism. Every year, members will be required to upload a "proof" of competency in two of the seven NPAG competencies. One of these will be an essential competency of the SCPT's choosing and one will be chosen by the member. The member cannot choose the same competency again for two years unless it comes up as the mandatory competency. The SCPT will provide some templates for various options for upload. As well, there will be an option to upload a "proof" of the member's choosing. As a part of the mandatory competency, the SCPT may decide to implement a mandatory webinar with self-reflection activity to be submitted.

The next registration period marks the beginning of the trial year (2021). This year will be used to see what kinds of uploads members use. The "proofs" for 2021 will need to be uploaded

continuing competency committee (CCC) will use this year to help work out any kinks in the competency profile and create any additional upload templates and other educational materials.



### Example 1: New Grad PT in Private Practice

Mandatory Competency: Management

Potential upload options:

1. Peer review indicating good time management skills, participation in regular workplace safety inspections, proper supervision of PTAs, .
2. Participation in training session on donning and doffing PPE.
3. Evidence of training in management of health records and confidentiality in records and data.

### Example 2: PT not Working in Clinical Care (i.e. management, university faculty, etc)

Mandatory Competency: Physiotherapy Expertise

Potential upload options:

1. Provide evidence on your engagement in actively seeking out feedback on your courses or management style.
2. Documentation on ensuring your staff or students are aware of precautions, contraindications, and risks for treatment.
3. Provide documentation on how you help your staff problem solve through identified patient safety concerns.

### Example 3: 10-15 years of practice (acute care PT)

Mandatory Competency: Leadership

Potential upload options:

1. Letter from interprofessional team member regarding your advocacy on improving accessibility to PT service in the hospital and how you promote client centered care.

**(Continued)**

1. Provide documentation on your presentation of an in-service to your colleagues on how to use a new technology in your daily practice.
2. Provide a letter from a professional organization documenting your participation with a committee, council, etc.

**Example 4: 25-30 years or practice (private practice PT)**

Mandatory Competency: Scholarship

Potential upload options:

1. Evidence of participation in research/clinical testing (i.e. a professional publication with your name as a contributing author, proof of ethics approval for the study if it is not yet complete, or a letter from the primary investigator if you are helping with the research project).
2. Development of a patient education program and submission of the handout or other education materials.
3. Presenting on a topic of expertise for webinar or video with a copy of the webinar, video, or powerpoint handout uploaded.

If you have questions or concerns about the new CCP, please contact the executive director of the SCPT at [edr@scpt.org](mailto:edr@scpt.org).

Respectfully submitted,

Karla Horvey, CCC chair

## Updated (SAIL) policy on Lymphedema Pumps

Saskatchewan Aids to Independent Living (SAIL) has changed the policy for eligibility of lymphedema pump grants.

“A grant is available to clients with a diagnosis of lymphedema or lipedema for the purchase of a multi-chambered (six or more) lymphedema pump. To be eligible, clients must have a diagnosis of lymphedema or lipedema, require the pump long-term and at least every second day, and demonstrate the pump is effective through a successful trial of a machine. Referral is required from a physician who diagnoses lymphedema or lipedema and whose letter must confirm the diagnosis of lymphedema or lipedema. A physiotherapist must specify the type of equipment and accessories that are required. If approved, the client will be notified in writing. The client is responsible for purchasing the equipment and submitting the receipt to SAIL. SAIL will reimburse the client for two thirds (2/3) of the actual cost of the pump, sleeves and accessories to a maximum of \$4,000. The grant is available once every five years.”

Please find the updated policy at the following: <https://publications.saskatchewan.ca/#/products/11690>

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